

From Mediocrity to Abundance

By Liz Thompson | Monday, August 31, 2009

Roxanne Emmerich is America's most sought-after workplace transformation expert. She has built a career on her unique ability to transform negative workplace environments into positive and productive work cultures. As a speaker and coach, she has been able to help workplaces get unstuck and achieve radically improved results quickly.

Roxanne is an accomplished author, and she has written many articles for leading publications about business and workplace breakthroughs. She is often asked what inspired her to write her new bestselling book, *Thank God It's Monday!* All of us can remember that first-day-at-work feeling when we started a new job. Roxanne says typically within two weeks the people around us infect us with mediocrity.

Can people be shifted from less to more, from mediocrity to aspiration? Roxanne says yes! And she can do it in ways that are both fun and easy. She is driven by a passion to assist people to create more abundance, have more fun, and have more power in their lives. What she really wants to do is to help everybody regain that first-day-at-work feeling.

In fact, it has nothing to do with the work. It's really about getting people to understand that we choose our attitudes. We choose to be amazing or we choose to shoot wildly for mediocrity. It's about mindset. It's about belief. And it's about vision. For example, Roxanne tells her clients, "You're going to be hearing a lot about recession over the next couple of years. Make sure to tell your employees, 'We didn't sign up and we're not participating!'" You can hear the passion and abundance evident in her words.

Roxanne read a book many years ago that introduced her to a new concept: Whenever bad things happen in your life, remember that it is an opening for something good to follow. All of us have obstacles in life. This mindset, though, involves how we choose to see our obstacles. Do we see ourselves as victims? That's a choice. We can choose a different mindset.

Roxanne encourages everyone to have a vision, which stems from the value you most stand for. While this certainly applies to business, it also applies to areas in your personal life. If you live that value in an extraordinary way, extraordinary things will happen. The key here is that it must stem from what you value and what's important to you.

We take ourselves way too seriously. Roxanne's prescription? Have some fun. Lighten up about life. It's just life. We don't get out of it alive, anyway. Decide to be in the joy. Choose to be the joy-giver. Life gives to the givers and takes from the takers. The world has a perfect accounting system. Be in that spirit of giving and joy. Choose that.

Are you interested in learning how [Roxanne Emmerich](#) transforms less than positive workplace performances and environments into profit-rich growth and results? Click here to listen to the [Roxanne Emmerich](#) interview.