

# THANK GOD IT'S MONDAY!

Roxanne Emmerich



## TGIM WEEKLY AUDIO: Define Your Personal Non-Negotiables

*\*Transcription*

*Thank God It's Monday!*™ All too often it seems as if individuals have no clear sense of what is important in their lives, what is flexible, and what is not.

Non-flexible tasks may include revenue generating projects at the office, time spent with family, exercise, time with friends...

Have a clear sense of what is important to you. Under the stress of the workplace, people often sacrifice some of the true essentials. Define your personal non-negotiables, and call yourself tight when you are out of alignment.

Have a great Monday!

Roxanne

*Roxanne Emmerich's Thank God It's Monday! How to Create a Workplace You and Your Customers Love climbed to #1 on Amazon's bestseller list and made the New York Times and Wall Street Journal bestseller lists—all in the first week of its release. Roxanne is renowned for her ability to transform “ho-hum” workplaces into dynamic, results-oriented, “bring-it-on” cultures. If you are not currently receiving the Thank God It's Monday e-zine and weekly audios, subscribe today at [www.ThankGoditsMonday.com](http://www.ThankGoditsMonday.com).*

© (MMIX) Leadership Avenue Press, LLC. All rights reserved, including translation.

[www.ThankGoditsMonday.com](http://www.ThankGoditsMonday.com)