

THANK GOD IT'S MONDAY!

Roxanne Emmerich



TGIM WEEKLY AUDIO: Don't Be a Whining Tree

**Transcription*

Thank God It's Monday!™ Don't be a whining tree. There are whiners all over throughout the workplace and they can suck you dry of all your energies, so you need to be someone who doesn't listen.

So how do you do that because some times it feels rude to interrupt somebody who is sucking your energy dry by telling you all the bad things whether they are true or not. Well first of all, you need to understand that it hurts you and it hurts them. So therefore it must be stopped and you have the ability to do that.

So how do you do that? You can ask them and just say, "Please come back to me or to the person who can fix this with some solutions and a recommendation for the best solution." Or you can always give them the hand signal, with the "W" sign that basically says no whining around me. Or you can ask them, "Please use advancing language," which means you are asking them how will they advance the situation?

So when you do that, you help to clean up the mess so that person can be in integrity with advancing things as opposed to sucking your energy dry.

So don't be a whining tree and especially on Mondays decide to say, "*Thank God it's Monday!*"

Roxanne

Roxanne Emmerich's Thank God It's Monday! How to Create a Workplace You and Your Customers Love climbed to #1 on Amazon's bestseller list and made the New York Times and Wall Street Journal bestseller lists—all in the first week of its release. Roxanne is renowned for her ability to transform "ho-hum" workplaces into dynamic, results-oriented, "bring-it-on" cultures. If you are not currently receiving the Thank God It's Monday e-zine and weekly audios, subscribe today at www.ThankGoditsMonday.com.

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