

THANK GOD IT'S MONDAY!

Roxanne Emmerich



TGIM WEEKLY AUDIO: Don't Let the Hurt Get You Down

**Transcription*

Thank God It's Monday!™ In a confusing way, our understanding of anything is dependent on balance. We can describe darkness, simply because we've seen light. We can feel heat, because we're not cold. In fact, if the concept or literal understanding of cold didn't exist, and there was simply one standard of heat... well perhaps we'd say nothing of temperature at all... temperature would, just be.

The same is true for experience. How can you know true happiness without ever having been hurt? In the midst of the hardest times, realize that in a sense you are creating an easily surpassed standard... rather than get down, use that experience as a gauge to feel better in the long run about everything! Choose your joy by understanding every day is a possibility of a better day.

Roxanne

Roxanne Emmerich's Thank God It's Monday! How to Create a Workplace You and Your Customers Love climbed to #1 on Amazon's bestseller list and made the New York Times and Wall Street Journal bestseller lists—all in the first week of its release. Roxanne is renowned for her ability to transform “ho-hum” workplaces into dynamic, results-oriented, “bring-it-on” cultures. If you are not currently receiving the Thank God It's Monday e-zine and weekly audios, subscribe today at www.ThankGoditsMonday.com.

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