

THANK GOD IT'S MONDAY!

Roxanne Emmerich



TGIM WEEKLY AUDIO: How to Deal With the Gossip

**Transcription*

*Thank God It's Monday!*TM How do you deal with the gossip? Gossips are everywhere and they do a huge destruction within an organization. People gossip because they don't feel good about themselves and they want to hurt somebody else because they themselves are hurting. An emotionally mature way of dealing with that very same issue is to go directly to the person and ask directly for what you want.

The problem is that if somebody's gossiping sometimes you can be pulled into that gossip and you know at the core of your being that you're hurting that person, you're hurting yourself, and you're hurting the person who's being gossiped about.

So what do you do? First thing you need to say is, "It sounds like you need to go talk to Joe." And redirect them immediately when they say things to you like, "Oh I could never because..." At that point you need to take a stand and say, "Of course you can. In fact now you have to because if not, you are gossiping and that will only hurt you, me, and that person. So my request is that you immediately go over and ask that person for what you want instead. That's the only way of integrity."

So challenge everyone around you who begins the gossip act to stop them in their tracks and let them know that there's a much more productive way to handle it and you're taking a stand for them to keep their integrity. Until next time, make sure you deal with the gossips this week and every week.

Have a great Monday!

Roxanne

Roxanne Emmerich's Thank God It's Monday! How to Create a Workplace You and Your Customers Love climbed to #1 on Amazon's bestseller list and made the New York Times and Wall Street Journal bestseller lists—all in the first week of its release. Roxanne is renowned for her ability to transform "ho-hum" workplaces into dynamic, results-oriented, "bring-it-on" cultures. If you are not currently receiving the Thank God It's Monday e-zine and weekly audios, subscribe today at www.ThankGoditsMonday.com.

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