

THANK GOD IT'S MONDAY!

Roxanne Emmerich



TGIM WEEKLY AUDIO: How You Do Anything is How You Do Everything

**Transcription*

Thank God It's Monday!™ Have you ever noticed that people are consistent? People who are late to work are late for projects. People who hate their boss leave to hate the next boss. People who can't get along with coworkers can't get along with their spouses and kids. People who leave right before being fired due to performance problems jump into the next job, only to be found out again in about the same amount of time.

Now, we ALL have some of these issues and there in all of us. We have to swallow the honesty pill.

And yet, if we simply understand that we are humans with patterns, we can finally begin to break the patterns. Awareness is the first step to recovery. Let me repeat that. *Awareness is the first step to recovery.*

So, first of all, stop right there. Don't spend your time identifying your coworker's patterns. Instead, take a look in the mirror and perhaps even put it under the microscope. Then, forgive yourself everything so you can move beyond the guilt.

And then commit. I mean *really* commit. And, if you break a commitment, realize you need to get right back on the commitment because it still is YOUR commitment.

Break those patterns and enjoy the fruits of your powerful breakthrough *because how you do anything is how you do everything.*

Have a great Monday!

Roxanne

Roxanne Emmerich's Thank God It's Monday! How to Create a Workplace You and Your Customers Love climbed to #1 on Amazon's bestseller list and made the New York Times and Wall Street Journal bestseller lists—all in the first week of its release. Roxanne is renowned for her ability to transform “ho-hum” workplaces into dynamic, results-oriented, “bring-it-on” cultures. If you are not currently receiving the Thank God It's Monday e-zine and weekly audios, subscribe today at www.ThankGoditsMonday.com.

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