

THANK GOD IT'S MONDAY!

Roxanne Emmerich



TGIM WEEKLY AUDIO: Shake It Up a Bit

**Transcription*

Thank God It's Monday![™] Stuck in a rut? We've all been there. You wake up and eat the same thing, tasteless but sustainable. You walk into the office, casually greet the same people, and continue on, hardly listening to what your coworkers have to say. You work. You go home. And then you do it again.

Routines keep us grounded to a certain extent. There is a comfort in having a sense of life's direction—even if that direction is circular.

But why not spice things up? Instead of saying, "Morning, Bob," throw him a high five. Heck, make it a behind-the-back high five!

Instead of reading the paper during your lunch break, grab Chris, the new guy that you haven't spent much time with and chat it up a bit!

You'll be amazed at the shift in attitude these simple changes can make.

Have a great Monday!

Roxanne

Roxanne Emmerich's Thank God It's Monday! How to Create a Workplace You and Your Customers Love climbed to #1 on Amazon's bestseller list and made the New York Times and Wall Street Journal bestseller lists—all in the first week of its release. Roxanne is renowned for her ability to transform "ho-hum" workplaces into dynamic, results-oriented, "bring-it-on" cultures. If you are not currently receiving the Thank God It's Monday e-zine and weekly audios, subscribe today at www.ThankGoditsMonday.com.

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