

Thank God It's Monday! Book Review

By Alain Burrese

I enjoyed the positive message in "Thank God It's Monday: How to Create a Workplace You and Your Customers Love" by Roxanne Emmerich. It's a fun book full of motivation and strategies to help employees and employers alike have more fun in the workplace, thus increasing performance and most of all customer satisfaction.

It's a short book, less than 200 pages, and very easy to read. However, it contains some very motivating practical advice for the workplace. Many of the ideas would improve one's personal life as well. Emmerich writes some of the book as a story or parables, and other parts of the book are written more traditionally as in, "do this, don't do that." Both methods are blended well and make for an enjoyable as well as educational read. Additionally, the chapters have summaries in the way of suggestions you should try.

The first part of the book focuses on finding opportunity rather than a problem, or at least pointing out that a problem is an opportunity to do better and improve. Part two works at initiating change with chapters such as Vision it Possible, Commit to Your Commitments, and Measure Everything. Emmerich calls part three the "how to" toolbox for making any workplace better, and she includes topics such as getting a brand new attitude, enthusiasm, life balance, values, and going beyond the job description. Part four, the final part, contains a handful of short chapters on things such as communicating clearly, vanishing energy vampires, busting baditudes, and gossiping.

I really did enjoy reading this book, and feel it contains some excellent advice. I liked how chapter 22 discussed that some people need to be somewhere else. I also liked the message in the life balance chapter, fifteen, regarding being wherever you are at the moment. Personally, I think this is an extremely valuable lesson and one I teach to people as well. I'm glad Emmerich included it here because it is important for both work and personal lives. It's important for productivity and enjoyment of friends and family time.

If you would like a quick motivating read about how you can turn a workplace into a place that is more enjoyable for those who work there, with increased productivity and customer satisfaction, I recommend "Thank God It's Monday" as just such a book.